Cheshire Theatre School Timetable – September 2026

Teachers

- VG – Vickie Goodwin
- LR – Lindsay Ro
- JS – Jenny Stead
- SM – Stephen Morgan
- LE – Lois Emery
- RC – Rebekah Cramant
- EM – Eloise Massey

Monday

Time	Studio 1	Time	Studio 2
4:30-5:30pm	Junior stretch and body conditioning	4:30-5:30pm	
5:30 – 6.30pm	Junior jazz tech A	5:30 – 6.15pm	Junior jazz tech B (finishes at 6.15pm)
6.30-7.45pm	Junior associate ballet class – Invitation only class	6.15-7.45pm	Inter/senior body conditioning and stretch
7.45-9:00pm	Senior tech and Industry class – 12 years upwards		

Tuesday

Time	Studio 1	Time	Studio 2
5:00-6:00pm	Senior Body conditioning and stretch. (SM) 12 years upwards	5.00-6:00pm	Inter Body conditioning and stretch. (VG)
6:00-7:00pm	Senior Leaps, turns and kicks. (SM) 12 years upwards	6:00-7:00pm	Inter Leaps, turns and kicks. (VG)
7:00-8:00pm	Senior Lyrical/Jazz (SM) 12 years upwards	7:00-8:00pm	Inter Lyrical/Jazz (VG)
8:00-9pm	Senior commercial (SM) 12 years upwards	8:00-9:00pm	Inter Associate ballet class (VG) Invitation only class

Wednesday

Time	Studio 1	Studio 2
4:30-5:15pm	Acro stage 1 (RC)	Junior street (LR)
5:15-6:00pm	Mini Street (LR)	Acro stage 3 (RC)
6:00-6:45pm	Inter street/commercial. (LR)	Acro stage 2 (RC)

6:45- 7:30pm	**Progressing ballet technique (PBT) Junior age 8 upwards (VG)**	**Progressing ballet technique (PBT) Senior age 12 upwards (LR)**
7:30-8.15pm	**Beginners and Demi Pointe work class (VG)**	**Intermediate/Senior Pointe class (LR)**
8:15-9pm	**RAD Intermediate foundation ballet (VG)**	**RAD Intermediate ballet (LR)**

Thursday

Time	Studio 1		Studio 2
2.45 – 9pm	**PL slots (LR)**	**4-8pm**	**PL slots (EM)**

Saturday

Time	Studio 1	Time	Studio 2
9-9.30am	Beginners ballet	9:00-9:30am	R.A.D Pre primary ballet
9:30-10.00am	Beginners tap	9:30-10am	I.S.T.D Pre Primary tap
10:00-10:30am	I.S.T.D Primary modern	10:00-10:30am	I.S.T.D Grade 1 modern
10:30-11:00am	I.S.T.D Primary Tap	10:30-11.00am	I.S.T.D Grade 1 tap
11:00 -11.45am	R.A.D Primary Ballet	11:00 -12pm	R.A.D Grade 2 ballet
11:45-12.15pm	I.S.T.D Grade 2 modern	12-12.30pm	I.S.T.D Grade 2 tap
12.15-12:45pm	I.S.T.D Advanced 1 Tap	12.30-1:00pm	I.S.T.D Grade 3 modern
12.45-1.30pm	R.A.D Grade 8 ballet	1:00-1.30pm	
1.30-2.15pm	R.A.D Grade 6 ballet	1.30-2.15pm	I.S.T.D Inter modern
2.15-3pm	I.S.T.D Inter foundation modern	2.15-2:45pm	I.S.T.D Grade 2 tap
3:00-3.45pm	I.S.T.D Grade 5 tap	2:45-3.15pm	I.S.T.D Grade 3 modern
3.45-4.30pm	I.S.T.D Grade 5 modern	3.15-4.15pm	R.A.D Grade 3 ballet
4:30- 5.30pm	R.A.D Grade 5 ballet	4.15-4.45pm	I.S.T.D Grade 3 tap
5.30pm	PL	4:45-5:15pm	I.S.T.D Grade 4 modern
		5:15pm	PL